

4th World Conference on Psychology, Counseling and Guidance WCPCG-2013  
Suicide as approached by Halqeh mysticism

Mohammad Ali Taheri <sup>a\*</sup>, Golnaz Rahimi <sup>a</sup>

<sup>a</sup> No.113-3 Melana Apartment, Jln Pendidikan1, Taman Universiti, Skudai  
81300 Johor Bahru, Johor, Malaysia

---

**Abstract**

Since suicide takes away the right to live and the possibility of growth and transcendence, it is completely contrary to Kamal [the human being's spiritual growth toward perfection]. In order to prevent suicide, of course, religions have accomplished their guidance role by presenting the original principles; however, the relation between religion and Erfan (Mysticism) should not be unnoticed. Since Erfan grasps the truths of the universe it is more effective than intellectual knowledge (recognition) as its perceptions become part of the human being's existence. Meaning that, without understanding the reasons of behaviors such as suicide with insight, the possibility of reducing suicide decreases. One of these mystical perceptions is knowledge, understanding and perception of 'law of uniqueness and unrepeatability', 'worldly love,' 'anti-consciousness,' 'non-organic beings' and the like that are all briefly discussed in this paper.

© 2013 The Authors. Published by Elsevier Ltd.

Selection and peer-review under responsibility of Academic World Education and Research Center.

*Keywords:* suicide, non-organic beings, mentosomatic disease, anti-conciousness, Halqeh mysticism;

---

**1. Mysticism and suicide**

Since suicide takes away the right to live and the possibility of growth and transcendence, it is completely contrary to Kamal [The term Kamal literally means completeness and refers to the human being's spiritual growth toward perfection]. In order to prevent suicide, of course, religions have accomplished their guidance role by presenting the original principles; but firstly, sometimes different outcomes are deduced from religion and working procedures of human does not encompass these outcomes, and secondly, certainly, religion has not produced sound orders for many details. Furthermore, the relation between religion and Erfan (Mysticism) should not be unnoticed. Principles (musts and not musts), are the quantitative part of religion and the reasons for obeying these principles, are considered as the qualitative portion of it. In reaching the qualitative portion of religion, Erfan performs its role. Since Erfan grasps the truths of existence it is more effective than intellectual knowledge (recognition) as its perceptions become part of the human being's existence. Erfan, through manifesting the truth of the universe (its hidden inner side) and by opening the secrets of these guidelines, guarantees reaching the goals of divine religions. Thus, unless the human being is capable of understanding his position in the universe and the ecosystem, and unless he recognizes his mission in relation with God, the universe, one's self and others through attaining Kamal-based perceptions, we cannot expect his behaviours to be well-proportioned with the human rank (as the most noble creature) (Taheri, 2011d). Meaning that, without understanding the reasons of behaviours such as suicide with insight, the possibility of reducing suicide decreases. For example, when *the law of uniqueness and unrepeatability* has not been perceived, one should not be surprised to view an individual commit suicide.

---

\*Corresponding Author: Mohammad Ali Taheri, +6-017-702-0474  
E-mail address: [mataheri.conference@gmail.com](mailto:mataheri.conference@gmail.com)

## 2. The Law of Uniqueness & Unrepeatability

No two moments in time and no two particles are the same in the universe, and no event is repeated twice. In other words; ‘A man will never swim in the same river twice.’ Although we acquire knowledge about atoms, crystals, their essence and different properties through science; however, most of us do not know that no two atoms of an element are identical and that no two similar crystals exist. For instance, although all hydrogen atoms function in the same way, no two identical atoms of hydrogen have ever existed since the beginning of creation and will never exist. Each atom is a micro world [by itself] with a greatness that conforms to that of the material world. However, the number of motions, orbital, particles, anti-particles and infinite constituents of each atom testify that there is no possibility of two micro worlds (of two atoms) to be simultaneously identical. *Microcosm = Macrocosm, The world of an atom = The universe.* In addition to the uniqueness of every single particle of the universe, all the Omnipotent’s creations, similar to an unrepeatable and unique work of art, are also unique in their own way. Akin to an artist who paints the same painting of a landscape twice, despite their apparently striking resemblance, the two paintings are not identical. God’s design in every single constituent of the universe is an unrepeatable masterpiece and none of His two creations are alike.

In regard to the human being who consists of infinite constituents (trillions of cells, molecules, infinite atoms and many other non-physical bodies) and is considered as a vast universe, this unrepeatability is [completely] obvious. Each human being has always been, is, and will always be only one of its kind. Identical twins or cloned humans are not identical, and despite their very similar appearance they are different, even from the inside. *Each human being is a divine masterpiece, and one of the reasons behind the disapprobation of suicide is the very same point.* Because, by committing suicide, a masterpiece and an unrepeatable work of art that can never be replaced is wiped out from the scene of life. Lack of attention to this law causes the human being’s value not to be taken into account as it ought to; thus, the individual will have a superficial viewpoint about the universe. Through recognizing the *law of uniqueness and unrepeatability*, each and every particle of the universe is viewed with respect, because the existence of everything is the work of art and unrepeatable masterpiece of the Creator which will never be replaced and will remain to be one of a kind (Taheri, 2010b). In general, an individual who is in the darkened night of unawareness does not know their value and place. Thus, they might pursue a goal other than attaining one’s [true] status (as a divine unique manifestation) and become heedless of their duty and deviate from it. In fact, human beings have to find their value as the divine manifestation. In this case, they will view everything from a different perspective, and the status and value of each constituent of the universe is revealed to them in such a way that they see nothing but God in them. *(Wherever you might turn, there is the Image of God.) Human will reach a status in which he sees nothing but God. Look how a supreme status one can reach. [-Sa’adi (An Iranian poet)].* In addition to lack of perceptions such as the *law of uniqueness and unrepeatability* which can be attained on the *step of Love* (Taheri, 2010a) and through mysticism, other following factors can also be the cause of committing suicide:

## 3. Anti-consciousness and suicide

Everything in the universe is governed by a consciousness and behind this consciousness there yet exists another consciousness. In other words, the universe consists of matter and anti-matter, energy and anti-energy, and consciousness and anti-consciousness (Taheri, 2010a). Each of the two pairs (consciousness and anti-consciousness, energy and anti-energy, matter and anti-matter) are complementary, not opposites. Everything human beings create in thought, speech, music, painting and so on, possesses an outer and inner consciousness, each of which can be either positive or negative. The human mind is capable of making an accurate analysis of the information it receives from its surrounding environment, and part of this information is the hidden message in the anti-consciousness of every creation (words, work of art,...). In the operational center of the mind, there is also no limitation to understanding different languages, and any subject in any language is comprehended and thus has an effect. This level of the mind is a part of unconsciousness, and although we are unaware of it, its effects slowly become apparent in our actions. For example, when the messages of the collective soul have been relayed, everyone, regardless of their philosophy or nationality, receives it and is affected by it. Using this principle, negative consciousness transfers all its negative information to the operational center of a human being’s mind by means of anti-consciousness, and thus affects the recipient’s attitude and guides his tendencies in the desired direction. Under normal circumstances, the human mind

does not allow the entrance and use of most information. For example, if we hear ‘obey the devil’ while listening to a song, we will strongly resist and avoid it. But if the same instruction is hidden in the reverse of the song, while we are eagerly listening to the song, we admit the destructive information hidden behind the song into our inner castle, like the Trojan Horse (Taheri, WCPCG 2013). Hence, like the soldiers hidden in the Trojan Horse, the negative messages behind that song will at the first opportunity penetrate the operational center of our mind and register the wrong information without our knowing it. Then, a while later we realize that our desires have changed, and negative desires like **suicidal tendencies**, drug abuse, masochism, self-rebellion, self-conflict and conflict with God and others have greatly increased in us. Immunity from the negative effects of negative anti-consciousness is possible only when the individual in the positive phase (possesses positive feelings like happiness, tranquility, hope, and so on), and secondly, his *Axis of Existence* is divine (Taheri, WCPCG 2013); meaning that he is, outwardly and inwardly, under the flag of the Positive Network (Taheri, 2010a). Otherwise, he will, without exception, allow the Trojan Horse into his inner castle whenever he encounters negative anti-consciousness.

#### 4. Non-organic viruses and suicide

One of the most indispensable theories in *Psymentology* [or "Interuniversal Mind-Psychology", an Iranian complementary and alternative medicine founded by the author] is the "Non-organic Viruses Theory" (2011b). According to this theory, mankind is encountered with viruses that could affect his mind, body and psyche; infiltrate in man's diverse existing constituents and data files, having them contaminated with parasites and derangements. When such parasites occupy the Mind data files, they consequently bring about all kinds of hallucinations, abnormal behaviors and unusual drives. Damage caused by infection of these viruses can be classified into categories including: *mental problems, psyeal (Taheri, 2010a) diseases* (depression, nervousness, anxiety, feeling guilt and so on), *physical diseases, psyeal-mental-physical disorders* (sleep disorders, and the like), and *unknown disorders* (unexplained bruise, etc) (Taheri, 2012b):

##### 4.1. Mental problems

Include: (a) perceptual hallucinations, (b) Inductive hallucinations, (c) Two-personality or multiple-personality disorder, (d) Bipolar disorder, (e) Obsession, (f) Irrational fears (phobia), (g) Hyperactivity, (h) Abnormal desires such as abnormal love or hatred, homosexual inclinations, "**tendency to suicide**" and tendency to harm the self or others. (i) Abnormal activities like sleepwalking and so on., (j) Sudden change in handwriting, (k) others.

In *Psymentology* there is a specific approach toward these types of disorders and the treatment for such cases lies within a special branch of treatment called "Psymento-therapy" or "Defensive Radiation". In other words, through resolving the symptoms of this contamination as well as purifying the patient from non-organic viruses, we are able to get rid of them and the subsequent complications. During the past few decades numerous successful experiences have been carried out proving the afore-mentioned theory.

##### 4.2. Mental Body and attachment to life (on Earth)

After definite death (Taheri, 2010a), only the mental body survives and remains alive. This is the body that continues living in the space-less (or without the dimension of space) world. The mental body is the part that people often refer to as a ghost or spirit. During activities such as necromancy or communication with the deceased, it is actually the mental body of the dead person with which some people can establish a connection. All the individual's information and experiences are recorded and stored with extreme accuracy in the mental body (Taheri, 2010a). With an individual's absolute death, when his mental body is about to break away, all that occurred in his life flashes before him in an instant with accurate details, and his attachments in life surface and catch his attention. Thus, when mental body detaches from other elements, it experiences two pulling forces. One is the guiding soul that invites it to go forward and move to the next phase, and the other is the mental body's (positive or negative) ties to life that pull him back and engage him in life in this world. The mental body's attachments can be to children, spouse, belongings, wealth, power, fame, and the like. Many mental bodies may have strong bonds with this world to the extent that they cannot accept their death for a long time and even imagine a body for themselves.

The experience of death is very sweet for everyone. Even the most horrifying death is not difficult and painful for the person who is experiencing it. That moment is in fact very pleasant. It is the mental attachments to this life and this world that determine the difficulties of death. If one experiences pain and suffering, it results from the individual's ties pulling him back to continue life in this earthly world and his unfamiliarity with the next phase of the journey. Only transcendent people who attain knowledge of *Kamal* during their life on Earth, and enjoy a level of awareness and perceptions about humankind's return to God, welcome death with open arms. After death, uncaring about this life, they move to the next stage of their journey. [We are travelling toward Him (Creator) through a pathway that 'returns us back to him', which is composed of various lives. Each of these stages ends with death, and the next life (stage) begins. For instance, after dying in this stage [life on earth], the stage of "spacelessness" begins, and, after that the stage of "timelessness and spacelessness" begins]. **In contrast, people who commit suicide remain imprisoned by this world longer than others.**

Developing strong bonds is directly related to the alignment of a person's life purpose. Anything that becomes a person's purpose other than *Kamal*, becomes an attachment factor. Even means of achieving *Kamal* such as science, religion, spirituality, or mysticism can become a person's distraction if not identified as means for the journey to *Kamal*. For instance, if a person is particular about late night prayers and is involved with that action to the extent that he neglects the quality of that prayer, the means becomes the goal and thus a distraction happens. Many people are strongly attached to certain actions (negative or positive), to certain people and locations, or even to collections of their favorite objects. When death occurs and all of life's events and experiences are reviewed in the dying person's mind in a split second, these attachments are highlighted. The mental body will tend to return to those ties and live as if death has not occurred. If family is the strongest attachment, the deceased individual will try to live with them as if he were still alive. He will even try to communicate with them and show them that he is still alive and wishes to continue living with them as before. The family or friends sometimes feel a presence, and often this attachment results in the deceased person's mental body possessing the minds of the family members. In any case, humankind's attachments not only affect the quality of our current life, after death, they can also restrain us from experiencing what is essential in our transcendence and movement on the path to *Kamal* (Taheri, 2011c).

## 5. Incorrect world view regarding worldly love and suicide

"**Worldview**" means the person's general understanding of himself, the environment and all the events occurring around him. Everything that the human being comprehends from life experiences and events is passed through the world-viewing software framework called the "**World-viewing Filter**" which is the general result of mental and psycheal (Taheri, 2010a) processing, and unconsciously defines his reactions to events. This framework is a filter and sub-schedule located at the semi-self-conscious level (Taheri, PSYSOC 2013). 'Incorrect worldview' is one of the causes of human diseases called "**mentosomatic diseases**" [mind-body] or "**worldview-rooted diseases**". And can be extremely dangerous to human health and even lead to somatic illnesses. One of these incorrect worldviews is the lack of knowledge, understanding and perception of Worldly Love (Taheri, WCPCG 2013). In order to prevent such diseases we have to alter our worldviews by becoming equipped with correct ones.

'**Worldly Love**' has a role in attaining the stage of Love that is the experience of mercifulness. Worldly Love is similar to a piece of cheese put in front of a mouse hole to draw the mouse out. Love for others is what brings humans out of narcissism (the first stage of Love). Through this element and by moving away from one's self, human beings find God's Love. In truth, loving another person becomes a means of helping the individual separate from himself and attain the experience of rapture and freedom from egocentricity. However, at times factors might be falsely considered as love. For instance, a youth goes far from his/her parents for education. Because s/he is far from their support, the individual unconsciously feels an emotional vacuum and seeks a new support to replace the previous one. In this case, they might choose and fall in love with the very first person they meet to make up for [the support] they lacked. Obviously, the root of such love is logical and unconscious. If the individual's situation change after a while and the person somehow finds their independence, the sense of requiring a support will diminish and lose its importance. Thus, they will be astonished that one day they expressed liking to that person, and feel that they had made a mistake in their selection. So, the person hesitates in his entire love and it all ends in separation. In fact, if the reason for [rational] love disappears, the love will become unstable and will reach its expiry date. Because emotional tendencies that are a result of the wisdom's profit-seeking have an expiry date and may be replaced

(Taheri, WCPCG 2013). Some people, due to their active intellectual software and their not-used love software, have a poor ability to love. They think that all their problems can be solved through logical relationships. This is very dangerous for their emotional part of life and it usually results in serious failures. Many of these people think that Wordly Love is a kind of gamble. You may win or lose, and that if you lose in the gamble of love, all your life is ruined. A large number of them even felt regretful, depressed, pessimistic, etc. during adolescence when they failed in love. In general, we have rarely considered the purpose, reason, and philosophy of Love and owing to the fact that all logical loves have an expiry date, a considerable percentage of people should expect failure and disappointment. The application of the divine gift of Love in Creation is to flourish us. This blessing can bring the person growth and transcendence. However, *in practice, misapprehension of Love and not having perceived it on the step of Love can lead to depression, [spiritual] fall, confusion or even different types of diseases. In the worst scenario, many people may commit suicide when they lose this gamble.* In this way, the tremendous divine value is reduced to an extremely low and unpleasant anti-value. All these problems occur because most people (especially the young generations who are more exposed to this invaluable experience at the beginning of their lives) do not have the necessary worldview, understanding and perception of Worldly Love. Therefore, we must teach and clarify the purpose and philosophy of this divine destiny. And it is better to begin the basics of this training from childhood by correcting their worldviews to avoid any future tragic events. For instance, it is necessary to train the basic concepts of the *step of wisdom* (Taheri, 2010a) and the *step of Love*. Denying the aforementioned problems does not assist in solving them. On the contrary, the solution lies in becoming equipped with the correct worldview about Worldly Love.

## 6. Halqeh Mysticism (Erfan-e Halqeh) and Its Theoretical and Practical Aspects

More than three decades have passed since Mohammad Ali Taheri introduced the concept of **Halqeh Mysticism (Erfan-e Halqeh)** or **Interuniversal Mysticism**, including the two fields of complementary and alternative medicines of **Faradarmani** and **Psymatology** in Iran. This doctrine that is based on pure witness-like revelations, stemming from direct insight, aims to help man achieve Kamal (spiritual completeness; the collection of awareness that is transferable to the next life). Halqeh mysticism consists of two aspects: theoretical and practical (Taheri, 2009). The theoretical part necessitates discussion, study, descriptions, reasoning, and contemplation to clarify where it intends to take the human being. The practical aspect is made possible through establishing a form of link or connection (Ettesal) between human (as constituent-consciousness), and the "**Interuniversal Consciousness**" or "Interuniversal Internet" (as the whole consciousness) (Taheri, 2011a). Establishing such connection can accomplish affairs and bring about results that man is not capable of attaining singlehandedly and through his own abilities. *Correcting the individual's world-viewing filter on Wordly Love, achieving perceptions such as the law of uniqueness and unrepeatability, purifying the patient from non-organic viruses, and so on, which can all elevate the individuals' lives, and prevent and decrease the commitment of suicide in the society* are a few of such feats which are indeed the subject of Halqeh mysticism. Since Halqeh mysticism embraces all human beings, everybody regardless of their race, nationality, religion and personal beliefs can accept its theoretical part and experience and make use of the practical aspect.

## References

- Taheri, M.A., (2009). *Halqeh Mysticism (Erfan-e Halqeh)*, Iran: Anidsheye mandeghar publication  
 Taheri, M. A., (2010a). *Human from another outlook* (9th ed.). Iran: Bijan Publication.  
 Taheri, M. A., (2010b). *Human worldview*. Iran: Tohfeh Publication  
 Taheri, M.A., (2011a). *Faradarmani*, Armenia: Grigour Natoyasi  
 Taheri, M. A. (2011b). Preface by Mohammad Ali Taheri. *Journal of medical sciences specialized Psymatology edition*, Pages 4.  
 Taheri, M.A., (2011c) *Nonorganic beings*, Armenia: Grigour Natoyasi  
 Taheri, M.A. & M. Dehghan (2011d). *Ethics and Erfan (Mysticism) as Approached by Interuniversal Mysticism (Erfan-e Halqeh)*, CBP22  
 Taheri, M.A., (2012a), *A Brief Introduction on Psymatology*, UK: Inteuniversalism  
 Taheri, M.A. & N. Yeghaneh (2012b). *The Theory of Non-organic Viruses in Psymatology*, Procedia - Social and Behavioral Sciences, Volume 69, 2012, Pages 1021-1030