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Lack of knowledge, understanding, and perception of journey and destination as approached by Halqeh mysticism

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Abstract

Humans are constantly seeking destinations and designing paths for reaching them. Here a question arises: Is only the destination important and not the journey itself? The human being is faced with two kinds of invisible and dangerous termites: (1) The termite of ‘what would have happened if ...?’ (2) The termite of ‘when ...?’ These two types of termites eat away human life. They do not let us live our lives and deprive the individuals of all their journeys. Then, at the end of the path, the individuals are fatigued due to experiencing the journey’s heavy stress and agitation. It should be pointed out that when the individual does not care for the path and wants time to pass more quickly to reach the destination, s/he feels distressed, spasmodic, nervous, irritable and anxious. All of which lead to the secretion of chemical poisons in the body, ultimately causing mentosomatic illnesses.

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1. Introduction

Humans are constantly seeking destinations and designing paths to reach them. Here a question arises: Is only the destination important and not the journey itself? Suppose that we are taking a trip with a certain destination. We have selected the best route and the best vehicle. In this case is it only important to reach the destination and is going through the journey of no value? In general, is the journey more important in life or the destination?

For further illustration of the question, let us imagine an example of this issue. Consider that you want to go to a trip by bus from Tehran to Zahedan (a south eastern city of Iran). In the beginning of the trip, one of the passengers stands up and says to the audience, ‘Ladies and Gentlemen! I am a magician and I can do something extraordinary for you. I have the power to decrease the long trip to Zahedan to the twinkling of an eye. You will arrive at your destination right away and the long tiresome trip will only take a second. Do you want me to do this amazing job for you?’ What do you guess the passengers will decide to do? How many people would like the magician to carry out this astounding act and decrease the twenty hour bus drive into the twinkling of an eye? We can surmise that nearly all of them will agree with this proposal.

For further clarification let us consider another example. Suppose that the same magician asks newly pregnant ladies, ‘Do you want me to pass the nine months period of pregnancy in the twinkling of an eye so you can give birth to your baby right away?’ They might all want to birth their babies at that very minute. Now suppose that all the babies have been born, and the magician again asks the mothers, ‘Do you want to bring up your babies to one year

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old in the twinkling of an eye so they are now old enough to start to talk and say sweet words? Now do you want to watch your children at three years old when they can run and play? Do you desire to see your children even grow more and go to school? What about going to the university? Do you want to see them right now as they are getting married? [And all the subsequent phases of life’s journey]

In other cases such as obtaining educational credentials, driving licenses, and the like, how many people agree to obtain their required credentials straight away? What about purchasing a house, car, etc? How many people would love to have time collapsed to immediately obtain their desires? We must acknowledge that nearly everyone is ready to skip time. They would like the magician to take them immediately to their desires and in exchange they are willing to give all the hours of the journey to the magician without delay.

Now, we return to the original question, ‘Is going through the journey more valuable in life or arriving at the destination?’

To answer this question we must realize that ‘our lifetime is our capital.’ This capital (lifetime) is equal to the sum of the journeys’ durations and the destinations’ arrival times.

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| <p>Lifetime = journey duration + destination arrival time</p> |
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Passing through each journey takes a certain amount of time. For instance, the time required for travelling from Tehran to Zahedan is twenty hours by bus. However, arriving at each destination takes no more than a second. In our example it equals braking the car. At the instant that the bus arrives at the terminal and the driver stops the vehicle, we have arrived at the destination and the path has ended. Here, the passengers’ desire for reaching this city has been attained. From this point, though, another destination starts, and all the passengers are looking for other paths to reach their next destination. Thus, they have to pass through another journey to reach the new destination. Life is a series of passing through such journeys and destinations.

The time of destination arrival is zero (an instant). For instance, despite several months of effort and the time spent, we get our driver’s license in a second. This means that we consider the destination which is getting the driver’s license and make our best efforts to finally get hold of the license, but the very second we get it (destination arrival time) the destination has ended. Another example: to purchase an apartment, we strive several years until one day in the notary public it is finally notarized ‘sold’, and we sign it. As soon as we remove our hand from the paper, this destination is also reached.

Therefore, the time of reaching the destination(s) is about zero seconds. So, a lifetime is actually equal to the time of travelling the path(s). As a matter of fact, life is the journey itself.

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| <p>Life = the time of travelling on the path(s)</p> |
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However, in most people’s lives, destinations are only important, and they do not wish for the paths that lead them to these destinations. They all sacrifice the journeys to their destinations because they are extremely eager to traverse the paths quickly and wish for time to pass fast so they can arrive at their desired destinations sooner. These destinations are sometimes places (a city,..) and sometimes goals like having a baby, obtaining educational certification, purchasing a house and the like.

The human beings are appointing destinations every second. As soon as they determine a destination, they become focused on it and will not notice the path. They are willing to speed through the entire time of the journey in a second and instead attain their appointed goal. Consequently, they do not benefit from the path as they ought to and do not enjoy it. This way they do not live fully.

After having spent years of their lives, everyone declares, ‘I don’t know why life passed in a flash’. They are usually unaware that they should blame themselves for not caring for the journey times and only thinking about the destinations. Therefore, a person who spends his lifetime barely thinking about destinations without paying attention to the life’s journey has lost his entire life.

We often hear people saying ‘I wish I could quickly pass these months until I get married’ or ‘I wish I could pass these ten years sooner to finish my house payments.’ They are not aware that once their bank payments are finished,

ten years of their lives has also passed. And that they have lost the most important capital, their lifetime. Accordingly, we should never have an exclusive look on our goals and desires, or hope for the time to come when our house payments and the like are over.

Human beings are faced with two kinds of invisible and dangerous termites:

- (1) The termite of ‘**what would have happened if ...?**’
- (2) The termite of ‘**when ...?**’

These two types of termites eat away human life. They do not let us live our lives and deprive the individuals of all their journeys. While on the journey, most people ask themselves all the time: ‘When do we reach the destination?’ This termite does not allow them to pay attention to the journey and enjoy it. Then, at the end of the path, they are fatigued due to experiencing the journey’s heavy stress and agitation. As a result, their bodies are poisoned and they are entirely impatient and nervous.

Considering the way that human being’s eyes are fixed on the ends and the way that they are rapidly ignoring the journeys, they will suddenly find themselves near the tomb where they meet the same magician who asks them, ‘Do you want me to help you rush through the death ceremonies and bury you as soon as possible?’ Maybe this time they shout with no voice and say, ‘NO! I don’t want this destination. I don’t want any destination. And I wish I had never wanted any destinations.’

As we have seen, the human being is the killer of ‘*time*.’ He is endlessly eliminating the paths toward his goals. In fact, he is losing the time that he kills (Taheri, 2010b). Therefore, one of the witnesses that testifies against him is ‘*time*’ (*I swear by the time, surely, the human is in a (state of) loss -Quran; Sura Al-Asr, Verse 1-2*). Human beings greatly oppress themselves with such a loss. It is indeed an irretrievable oppression because ‘*time*’ is the most essential capital that individuals have for investment in their lives. And this capital constantly decreases while humans speed its reduction.

With regard to the effect that struggling for the journey has on the appearance of diseases, it should be pointed out that when the individual does not care for the path and wants time to pass more quickly to reach the destination, and considering that it is not promptly achievable as per the person’s desire, s/he feels distressed, spasmodic, nervous, irritable and anxious. All of which lead to the secretion of chemical poisons in the body, ultimately causing illnesses.

Consequently, human beings must live through the path(s), enjoy them and never want the path to end. Otherwise, they seek death without benefiting from life. All of us must realize that after completing a journey and arriving at its destination, we take a step toward our tomb. And one day we will regret not comprehending the values of the life’s journeys.

2. Incorrect worldview and mentosomatic diseases

"**Worldview**" means the person’s general understanding of himself, the environment and all the events occurring around him. Everything that the human being comprehends from life experiences and events is passed through the world-viewing software framework called the "**World-viewing Filter**" which is the general result of mental and psycheal (Taheri, 2010a) processing, and unconsciously defines his reactions to events. This framework is a filter and sub-schedule located at the semi-self-conscious level (Taheri, 2010b).

Microorganisms, contamination, old age, accidents, environmental pollution and poisons, malnutrition, absence of body movement, opposite and two-faced behaviours or psychosomatic diseases (Taheri, 2010a), congenital diseases and defects are not alone the causes of diseases. In addition, ‘incorrect worldview’ is one of the causes of human diseases called "**mentosomatic diseases**" [mental (mind) and soma (body)] or "**worldview-rooted diseases**". And can be extremely dangerous to human health and even lead to somatic illnesses. One of these incorrect worldviews is the lack of knowledge, understanding and perception of *journey and destination*. In order to prevent such diseases we have to alter our worldviews by becoming equipped with correct ones.

3. Halqeh Mysticism (*Erfan-e Halqeh*) and Its Theoretical and Practical Aspects

More than three decades have passed since **Mohammad Ali Taheri** introduced the concept of **Halqeh Mysticism** (*Erfan-e Halqeh*) or **Interuniversal Mysticism**, including the two fields of complementary and

alternative medicines of **Faradarmani** and **Psymentology** in Iran. This doctrine that is based on pure witness-like revelations, stemming from direct insight, aims to help man achieve Kamal (spiritual completeness; the collection of awareness that is transferable to the next life). Halqeh mysticism consists of two aspects: theoretical and practical (Taheri, 2009). The theoretical part necessitates discussion, study, descriptions, reasoning, and contemplation to clarify where it intends to take the human being. The practical aspect is made possible through establishing a form of link or connection (Ettetal) between human (as constituent-consciousness), and the "**Interuniversal Consciousness**" or "Interuniversal Internet" (as the whole consciousness) (Taheri, 2011a). Establishing such connection can accomplish affairs and bring about results that man is not capable of attaining singlehandedly and through his own abilities. Correcting the individual's world-viewing filter on *journey and destination* and treating its relevant mentosomatic illnesses are a few of such feats which are indeed the subject of Halqeh mysticism. Since Halqeh mysticism embraces all human beings, everybody regardless of their race, nationality, religion and personal beliefs can accept its theoretical part and experience and make use of the practical aspect.

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